



BANDO



Greetings,

I hope all has been well. With the easing up of COVID-19 we are attempting to find ways to slowly reunite our training. A decision has been made to do a Military Stick training session. This training was originally instructed by our great Grand Master, Dr. Gyi. We would like to thank Bando Elder and Grand Master Mr. Bob Maxwell for his hard work and establishing the original relationship with the Jordanian Military along with weapons master Sayaji Al Cook from Columbus Bando and the late great weapons master Sayaji Ron Meekins. They took that established relationship Mr. Maxwell created, along with the prior instruction from Dr. Gyi and taught the Jordanian Military the same drills to be emphasized at our upcoming clinic. These individuals must be recognized for their great workmanship and dedication to Bando. We thank them for giving us the opportunity to still be doing these very functional fighting drill sets. Again, thank you for laying the foundation for us to follow.

The upcoming clinic's purpose is basically three-fold:

1. To return Bando group functions as COVID-19 eases up
2. To learn, refine or refresh of the functional drill sets
3. Not to forget the reason this organization was established; to honor our current and past veterans and our first responders/law enforcement personnel.

We must not forget the basis of our organization.



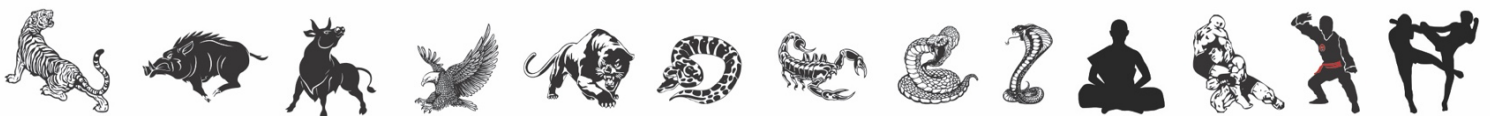


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The clinic will be held Saturday, August 14th, 2021. Preregistration will be done on-site Friday night from 6:00pm to 9:00pm and then again on Saturday morning from 8:00am to 9:30am. The clinic will begin at 10:00am. Session 1 will end at 12:30pm. Session 2 will begin at 1:30pm and will end at 5:00pm. The clinic will be run true with the clock. Immediately following the clinic, Master Sam Jones, has agreed to conduct six full-contact matches as an added attraction. This is also a build up for what we want to do in the near future, which is a full-scale tournament to be held in November as a celebration for Veteran's Day. The cost of the clinic for members will be \$35. The cost of the clinic for non-members is \$60. I encourage each of our members to stay current on dues, especially with the reduced rate of \$45 at this time. This is one of the few ways that we can have a consistent flow of cash to operate. If you are not a member and would like to be, please go to our website or contact me and we can get that done. Additionally, we will be selling a clinic t-shirt (design to be shown later). The cost of the t-shirts will be \$20. As a way of being more efficient, I would greatly appreciate since we are doing on-site registration that you use my email (abanbaageorge@gmail.com) or phone/text (304-231-8936) to let me know if you will be attending. This will be helpful to better prepare for matters for the clinic, such as clinic equipment, t-shirts, etc. The clinic will be held at Total Athlete Center owned by Liberty Distribution located at 6015 National Road Triadelphia, WV 26059.

Bring your normal Bando attire and waist high military stick. If you have any extra feel free to





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bring it. I will also provide some extra. The itinerary will consist of a matrix taught as follows: 1. Salutation, 2. Stance Drill, 3. Thrust Drill, 4. Striking Drill, 5. Bar Blocks, 6. Sliding Hand Blocks, 7. Chokes, 8. Block-Strip-Hit Drills, and 9. Ten military sets. This is a full day of training. Within these drills, we will also be hitting hard objects and defending against oncoming strikes. Local hotels are located at the Highlands in Triadelphia; Hampton Inn & Suites, Hawthorn Suites by Wyndham Wheeling and Comfort Inn & Suites.

I look forward to seeing as many of you as possible and getting back in to action.

Please reach out if you have any further questions.

304-231-8936 Call or Text

abanbaageorge@gmail.com

Respectfully,

Jerry A. George

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Current ABA/NBAA President

