

THE AMERICAN BANDO ASSOCIATION & NATIONAL BANDO ASSOCIATION OF AMERICA



BANDO



The First International Bando Internet Forms Demonstration (World WIDE).

You are cordially invited to The First International Bando Internet Forms Demonstration.

In these challenging times, we have found ourselves limited in traveling and or gathering due to the current pandemic. We will not allow this to discourage our efforts to honor our veterans and First Responders especially at a time like this. Therefore we are hosting The First International Bando Internet Demonstration of ABA/NBAA forms in the Empty hand, stick or staff and edged weapons on the American Bando Associations Facebook website. **(DATE May 23 and 24) (2 DAYS of uploading Memorial Day weekend).** This invitation is also extended to other Bando Thaing Systems internationally. I know many of you have been preparing and looking forward to this year's ABA/NBAA Bando National Tournament. Particularly after the great Tournament we had last year. However, with the current circumstances, we found ourselves unable to assemble. These circumstances should not stop us from striving to reach a level of self-excellence in our training and effort to develop our skills. Therefore I would encourage each and every one of you to continue your training focusing on the quality of techniques and prepare to present them via video on Facebook for the May Veterans Day memorial celebration. This would require you uploading a video of you performing a selected form of your chose. The Categories are for all Belt levels empty hand, animal style forms, weapons long staff, short stick, cane, etc as well as kukris, Dha and Dagger forms. We will all be able to view the forms and respond with likes, love or WOW via Facebook ratings. I hope this helps each and every one of you know that your efforts will inspire others and greatly appreciated. Let the spirit of Excellence uplift you to rise to another level especially in a time like this.

May we each be a profound reflection of our instructors as well as an inspiration to the Next Generation. And in the spirit of Brotherhood thank you for your participation.



General Guide Lines

Great Grandmaster Dr. Gyi, has expressed an interest in all belt levels participating. Therefore we would like to encourage all instructors to rally your students by having them participate in the Form presentations based on their belt levels. These forms can be recorded indoors or outdoors in natural settings. Please review your student's forms prior to submission to ensure that their performance and presentation are clearly visible. This is one way we can keep this unfortunate circumstance from dampening our spirits.

Namaste...

GENERAL GUIDELINES for The First International Bando Internet Forms Demonstration

We hope all is well with preparations for the First International Bando Internet Forms Demonstration event, only 3 weeks away. Dr. Gyi is looking forward to as many as possible participating and displaying the results of your hard work. Many of you are diligently working on your various forms to present at the end of this month. Giving everyone enough time not only to record your form but upload the video as well. We will be using the following method for you to submit your videos.

THE WAYS TO SUBMIT YOUR VIDEOS (Not before May 22, 2020)

Note:

1. Upload your videos to Dropbox or Google Drive and then share the link at the email address below.
2. Please only send videos in MP4 or MOV file format.
3. Add the performer's information into the video or on a Word document with the file.
4. Send separate videos for the different divisions.

EMAIL TO: ABA.NBAA9@gmail.com

GENERAL REQUIREMENTS

The following information is required in order to submit your videos. All videos need to be as small as possible to make them easily downloadable. You may submit as many videos as you'd like for each division. The three divisions are Empty-hand forms, Edged Weapons Dha, Kukri or Dagger and Staff Long, Medium or short-stick, and cane.

Information Required for the videos submission

1. Country
2. Name
3. Rank
4. School name
5. Instructor
6. Division Entering: Empty-hand, Edged Weapons, or Staff/Stick

Note: Instructors please review all student's videos before having them submitted to ensure quality and performance excellence. We look forward to seeing the excellence of self-development in each of our participants. Help them to continue to be the best they can be.

Please submit your videos starting Friday May 22, 2020, through Sunday May 24, 2020. The Deadline for you submitting your videos is Sunday, May 24, 2020. All participants are encouraged to visit the ABA Facebook website on Monday, May 25th Memorial Day in the spirit of Brotherhood to honor our VETERANS AND FIRST RESPONDERS.

THIS YEAR WE WOULD LIKE TO HONOR ALL HEALTH CARE WORKS AND ESSENTIAL EMPLOYEES THAT ARE HELPING ALL OF US THROUGH THIS CHALLENGING TIME.